



## Total Participants

### Distribution by gender

Women	9	53%
Men	8	47%
<b>Total</b>	<b>17</b>	

(\* ) Including Health Professionals, volunteers, and children

### Distribution by ages

<18	1	6%
18-28	5	29%
29-35	3	18%
36-45	2	12%
46-54	1	6%
>=55	5	29%

17

### Total Cholesterol

Optimal	<200	9	82%
Borderline	200-239	1	9%
At-risk	>=240	1	9%

### Non-fasting Glucose

Low	< 65	0	0%
Optimal	65-139	4	100%
Borderline	140-199	0	0%
At-risk	>=200	0	0%

### Fasting Glucose

Low	< 65	0	0%
Optimal	65-139	6	150%
Borderline	140-199	0	0%
At-risk	>=200	1	25%

### Blood Pressure

Normal	<120	<80	7	58%
Borderline	120-139	80-89	4	33%
At-risk 1	140-159	90-99	0	0%
At-risk 2	>=160	>=100	1	8%

### Explanation Results

# people 12

### Employment Status

Employed	7	58%
Housewife	3	25%
Retired	0	0%
Student	1	8%
Looking for a job	1	8%

### Main barriers to have access to healthcare in the area

1. It's expensive	3	38%
2. Language	2	25%
3. Don't receive patients without insurance	0	0%
4. Don't receive new patients	0	0%
5. Hours of operation	2	25%
6. Transportation	0	0%
7. Other	0	0%
8. Don't understand health system rules	1	13%
9. Discrimination	0	0%

### LIPID PANEL

#### LDL - Bad Cholesterol

Optimal	<130	0	0%
Borderline	130-159	2	100%
At-risk	>=160	0	0%

#### HDL - Good Cholesterol

Optimal	>=60	2	25%
Borderline women	41-59	1	13%
At-risk women	<= 40	1	13%
Borderline men	51-59	0	0%
At-risk men	<= 50	4	50%

#### Waist circumference

At risk men	>40	2	33%
At risk women	>35	2	33%
Not at risk men	<=40	0	0%
Not at risk women	<=35	2	33%

#### A1C

Normal	< 7%	9	75%
High	>= 7%	3	25%

### Health Insurance

No	8	67%
Yes	4	33%

### Education Levels

Elementary	5	50%
Middle School	1	10%
High School	3	30%
Some college	1	10%
Other	0	0%

### Home Language

Spanish only	6	55%
English only	0	0%
Both equally	2	18%
More English	0	0%
More Spanish	3	27%