



## Total Participants

### Distribution by gender

Women	84	63%
Men	49	37%
<b>Total</b>	<b>133</b>	

(\*) Including Health Professionals, volunteers, and children

### Distribution by ages

<18	45	34%
18-28	14	11%
29-35	18	14%
36-45	24	18%
46-54	16	12%
>=55	16	12%

133

### Total Cholesterol

Optimal	<200	56	80%
Borderline	200-239	10	14%
At-risk	>=240	4	6%

### Non-fasting Glucose

Low	< 65	8	12%
Optimal	65-139	56	84%
Borderline	140-199	2	3%
At-risk	>=200	1	1%

### Glucose - Fasting

Low	<65	0	0%
Optimal	65-100	1	50%
Borderline	101-124	1	50%
At-risk	>=125	0	0%

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### LIPID PANEL

#### LDL - Bad Cholesterol

Optimal	<130	2	67%
Borderline	130-159	1	33%
At-risk	>=160	0	0%

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#### HDL - Good Cholesterol

Optimal	>=60	0	0%
Borderline women	41-59	2	67%
At-risk women	<= 40	0	0%
Borderline men	51-59	0	0%
At-risk men	<= 50	1	33%

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#### Triglycerides

Optimal	<150	1	33%
Borderline	150-199	2	67%
At-risk	>=200	0	0%

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### Blood Pressure

Normal	<120	<80	24	36%
Borderline	120-139	80-89	35	52%
At-risk 1	140-159	90-99	7	10%
At-risk 2	>=160	>=100	1	1%

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### BMI

Underweight	<18.5	1	2%
Normal	18.5-24.9	7	11%
Overweight	25 - 29.9	22	35%
Obese	30- 39.9	25	40%
Morbidly obese	>=40	7	11%

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### Waist circumference

At risk men	>40	13	18%
At risk women	>35	27	37%
Not at risk men	<=40	13	18%
Not at risk women	<=35	20	27%

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### BMI Children

Underweight	<5%	1	2%
Healthy	18.5-24.9	25	60%
Overweight	25 - 29.9	8	19%
May be obese	>30	8	19%

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### Explanation Results

# people	
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### Hemoglobin

Optimal women	11.7-15.5	39	48%
Low women	<11.7	14	17%
Optimal men	13.2-17.1	18	22%
Low men	<13.2	11	13%

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**TOTAL NUMBER OF SCREENINGS GIVEN**

**526**