



## Location:

Warsaw Missionary  
Church  
1849 E. Springhill Rd.  
Warsaw IN, 46580

## Date:

Sunday, August 17

# Northern Indiana Hispanic Health Coalition and the Kosciusko Runner's Association

Invites you to participate in:

## 1. Healthier Lifestyles Seminar on Nutrition and Exercise

-3 interactive talks will be offered-

## 2. FREE Health Screenings!

- Total Cholesterol
- HDL - Good Cholesterol
- Glucose
- Blood Pressure
- Body Mass Index
- Anemia

**Sunday, August 17**

**Time: 1:30p.m. - 4:00p.m.**

For more information:

[outreachwar@nihhc.com](mailto:outreachwar@nihhc.com)

574-372-3536

1-877-21-SALUD(72583)

“Connecting families to the community,  
health services, and through advocacy”