



## Total Participants

### Distribution by gender

Women	46	62%
Men	28	38%
<b>Total</b>	<b>74</b>	

(\*) Including Health Professionals, volunteers, and children

### Distribution by ages

<18	3	5%
18-28	8	14%
29-35	14	24%
36-45	15	25%
46-54	7	12%
>=55	12	20%
	<b>59</b>	

### Total Cholesterol

Optimal	<200	43	73%
Borderline	200-239	8	14%
At-risk	>=240	8	14%

### Glucose - Fasting

Low	<65	0	0%
Optimal	65-100	6	67%
Borderline	101-124	3	33%
At-risk	>=125	0	0%

### BMI

Underweight	<18.5	0	0%
Normal	18.5-24.9	21	36%
Overweight	25 - 29.9	22	37%
Obese	30- 39.9	15	25%
Morbidly obese	>=40	1	2%

### Non-fasting Glucose

# people

Low	< 65	0	0%
Optimal	65-139	45	94%
Borderline	140-199	1	2%
At-risk	>=200	2	4%

### Waist circumference

At risk men	>40	5	8%
At risk women	>35	24	41%
Not at risk men	<=40	20	34%
Not at risk women	<=35	10	17%

### TOTAL NUMBER OF SCREENINGS GIVEN

**576**

### OTHER Statistics

#### English level attendees

Very good	8	15%
Good	9	17%
No so good	19	35%
Don't speak English	18	33%

#### Health Insurance

No	35	64%
Yes	20	36%

### LIPID PANEL

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#### LDL - Bad Cholesterol

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Optimal	<130	46	79%
Borderline	130-159	6	10%
At-risk	>=160	6	10%

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#### HDL - Good Cholesterol

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Optimal	>=60	15	25%
Borderline women	41-59	18	31%
At-risk women	<= 40	4	7%
Borderline men	51-59	6	10%
At-risk men	<= 50	16	27%

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#### Triglycerides

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Optimal	<150	30	51%
Borderline	150-199	11	19%
At-risk	>=200	18	31%

### Blood Pressure

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Normal	<120	<80	26	45%
Borderline	120-139	80-89	18	31%
At-risk 1	140-159	90-99	10	17%
At-risk 2	>=160	>=100	4	7%

### Explanation Results

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# people

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#### Hemoglobin

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Optimal women	11.7-15.5	24	49%
Low women	<11.7	2	4%
Optimal men	13.2-17.1	22	45%
Low men	<13.2	1	2%

### Marital Status

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Single	12	22%
Married	37	67%
Living together	3	5%
Divorced	2	4%
Widowed	1	2%

### Education Levels

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Elementary	22	42%
Middle School	6	11%
High School	19	36%
Some college	6	11%

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