



Total Participants

Distribution by gender

Women	53	82%
Men	12	18%
Total	65	

(*) Including Health Professionals, volunteers, and children

Distribution by ages

<18	9	14%
18-28	18	28%
29-35	9	14%
36-45	12	18%
46-54	11	17%
>=55	6	9%
	65	

Total Cholesterol

Optimal	<200	37	82%
Borderline	200-239	6	13%
At-risk	>=240	2	4%

Non-fasting Glucose

Low	< 65	2	4%
Optimal	65-139	43	91%
Borderline	140-199	2	4%
At-risk	>=200	0	0%

Blood Pressure

Normal	<120	<80	19	43%
Borderline	120-139	80-89	17	39%
At-risk 1	140-159	90-99	7	16%
At-risk 2	>=160	>=100	1	2%

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LIPID PANEL

LDL - Bad Cholesterol

Optimal	<130	9	75%
Borderline	130-159	2	17%
At-risk	>=160	1	8%

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HDL - Good Cholesterol

Optimal	>=60	7	70%
Borderline women	41-59	2	20%
At-risk women	<= 40	0	0%
Borderline men	51-59	0	0%
At-risk men	<= 50	1	10%

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Triglycerides

Optimal	<150	10	42%
Borderline	150-199	7	29%
At-risk	>=200	7	29%

24

47

44

NIHHC's Resource Directories

# people who received a copy	85
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85

Hemoglobin

Optimal women	11.7-15.5	24	65%
Low women	<11.7	5	14%
Optimal men	13.2-17.1	8	22%
Low men	<13.2	0	0%

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Explanation of Results

# people	50
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TOTAL NUMBER OF SCREENINGS & NIHHC's RESOURCE DIRECTORIES GIVEN

354